8 rue des Frères Montgolfier
49240 Avrillé
France

Tel : +33(0) 2 41 17 49 49
Fax : +33(0) 2 72 22 11 43

Instructions for Use

Rev : V6

September 2025

CT0004OPH or CT004PD head support

Use, cleaning and care of our polyurethane mattresses and cushions

The CT0004OPH head support (integrated "hook" velcro®) or CT0004PD incorporates a complex combining different densities and types of foams, resulting from tests that have allowed us to find the best physiological compatibility to maximize the comfort and safety of the patient, considerably reducing the risk of pressure ulcers. It is intended to be placed on a headrest mattress for an operating or imaging table to perfectly wedge the patient's head. Its version with integrated Velcro® is, for the same purpose, intended for ophthalmology trolleys and stretchers (when they are on the move, for the latter).

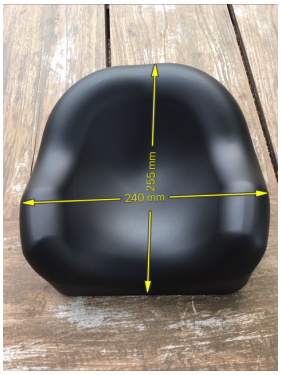
Restrictions on Use

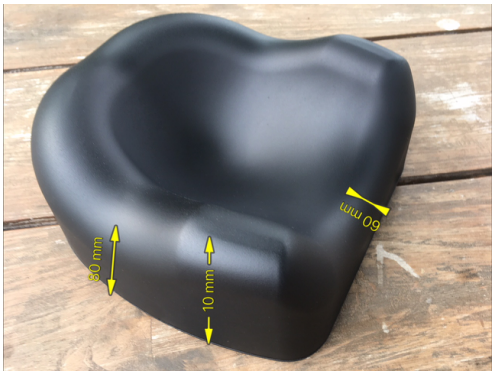
- The user must ensure that the head support is suitable for the operating table and the desired position of the patient.
- This cushion is intended for users trained in patient positioning and the risk of pressure ulcers.
- Do not wash the head support in the washing and disinfection booth.
- Never use abrasive cleaners or scraper sponges.
- Do not attach sticky strips to the head support.
- The shape memory effect of our products is optimized to reduce compression. Although they adapt to the morphology of the patients, they do not ensure their wedging like a decompression shell mattress. On the contrary, retraction at pressure points could cause a gradual slippage.
- Do not add gel mattress toppers that interfere with the shape and the proper distribution of pressure because the surface in contact with the patient is no longer stretchable.
- If an alcohol-based product for disinfecting the patient's skin is used, it is imperative for safety reasons (risk of inflammation and/or maceration), to ensure that it does not accumulate under the patient.
- Prolonged use of alcohol or nail polish remover may impair the conductivity and elasticity of the head support coating and impair its waterproofness and/or cause it to shrink.
- Make sure the patient is not allergic to polyurethane.

Characteristics

- Injected polyurethane shell (with a mold) with a viscoelastic core inside ensuring a comfortable, stable and secure cushioning

Dimensions :





- Weight 600 grams

8 rue des Frères Montgolfier
49240 Avrillé
France

Tel : +33(0) 2 41 17 49 49
Fax : +33(0) 2 72 22 11 43

Instructions for Use

Rev : V6

September 2025

Washing, disinfection and maintenance

- The head support can be cleaned by wiping with a soft cloth dampened with water containing a neutral detergent or with a ready-to-use solution (e.g. ANIOS Surfa'safe, ALFAKARM Septalkan, HUCKERT'S Laboratory Umonium 38 Medical Spray...) or soaked wipes (e.g. ANIOS Oxy Wipes; Wip'ANIOS Excel; HUCKERT'S Umonium 38 Medical Tissues Laboratory...).
- In general, surface disinfectants containing a set of active ingredients such as aldehyde, quaternary compounds, guanidine derivatives and active oxygen, have proven their effectiveness. But always choose those formulated specifically for equipment, less film-forming and aggressive.
- In situ cleaning and disinfection can also be carried out on the coating with hot water by hand and a neutral detergent or with a sodium hypochlorite solution (0.1% or 1000 parts per million of available chlorine).
- Products such as Ercesolvent©, Remove©, GILBERT Non-Stick,© etc. used to remove adhesive residues (Elastoplast©, sticky drapes), should be thoroughly rinsed and dried immediately after use. Failure to do so may result in the buildup of reagent damaging the polyurethane coating. All products based on acetone, ether and other volatile solvents must be used with the same precautions.
- It is essential that items dry thoroughly after cleaning. Thus, the head support should never be covered with drapes, gels, heated mattress toppers, or put back into service before it has completely dried.
- It is strongly recommended to clean the surface of the head support between two patients, but also the underside several times a day and systematically after a septic procedure.
- The hook part of the Velcro® attached to the fastening strap must be regularly cleaned of lint and other fibres by brushing. The hooks must not be damaged. It is necessary to check that they ensure a good attachment of the head support. We recommend that it be renewed annually, by qualified personnel, at the time of maintenance, and that the head support be replaced if it no longer adheres to the new hooks.
- Finally, it is imperative for hygiene reasons to replace the head support as soon as it shows damage (tear, notch, cracks, burns, etc.) Indeed, the altered products are no longer waterproof and the moisture that then penetrates the foam promotes the development of germs and bacteria.

Special precautions

- Before any use, it is necessary to ensure that the head support is in good condition and that it is properly installed.
- The head support is attached to the stretcher via an optional attachment strap (reference **SAN1400GOB**). This strap has a velcro fastening on the outside. The lower part of the head support also has a velcro fastening. Before use, make sure that the velcro of the head support is in front of the velcro of the strap.
- The outer coating of the head support is not intended for permanent contact with the patient's skin.
- The use of this cushion is not a substitute for the monitoring necessary for the prevention of pressure ulcers. Pressure ulcer prevention requires identifying risk factors and planning position changes every 2 to 3 hours, or even more frequently.

Special conditions of storage and use

Min temperature	Storage : -15 °	Use : + 15°
Max temperature	Storage : + 45 °	Use : +25°
Hygrometry (%HR) min	Storage : 30%	Use : 30%
Hygrometry (%HR) max	Storage : 70%	Use : 70%

End of life

At the end of its life, the cushion must be cleaned and disinfected normally, then placed in the system intended for the disposal of run-of-the-mill waste.

8 rue des Frères Montgolfier
49240 Avrillé
France

Tel : +33(0) 2 41 17 49 49
Fax : +33(0) 2 72 22 11 43

Instructions for Use

Rev : V6

September 2025

Normative references

Manufacturer: @bloc

Complies with European regulations

CE Class 1 Medical Device

Fire Rating BS7177; EN 597-1

Resistance to biocompatible disinfectants: ISO 10993/5 2009

Any serious incident that occurs in connection with one of our cushions must be notified to @bloc and the ANSM in accordance with the regulations in force.

For any further information, please contact us.

CE

Authorised Representative for Switzerland:

CH REP

GMB Services
Route de Mouthe 20,
1343 Les Charbonnières - Switzerland
info@gmb-services.com

Swiss Importer:

GMB Services SA
Route de Mouthe 20,
1343 Les Charbonnières - Switzerland