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Instructions for Use

Rev : V6

September 2025

@bloc positioning cushions

Use, cleaning and maintenance of our positioning cushions

Multi-purpose positioning cushions incorporate a complex of different densities and types of foam, the result of tests that have enabled us to find the best physiological compatibility to maximize patient comfort and safety, while considerably reducing the risk of bedsores depending on the density version used for the application. They are designed for hospital departments to facilitate patient positioning and optimize comfort and safety.

Restrictions on use

- The user must ensure that the cushion is adapted to the patient's desired position.
- This cushion is designed for users who have been trained in patient positioning and pressure sore risks.
- Do not wash our cushions in a washing and disinfecting cabin.
- Never use abrasive cleaners or scraping sponges.
- Do not attach adhesive strips to the positioning cushion.
- If necessary, do not add a gel mattress topper, as this will prevent the mattress from taking shape and distributing pressure correctly, as the surface in contact with the patient can no longer be stretched. Only very deep areas can be supported by adding pads during very long operations and/or in patients at risk (diabetes, chemotherapy, old age, etc.), for example under the Achilles tendon to reduce pressure under the heel.
- If an alcohol-based product is used to disinfect the patient's skin, it is essential for safety reasons (risk of inflammation and/or maceration) to ensure that it does not accumulate under the patient.
- Prolonged use of alcohol or solvents can affect the conductivity and elasticity of the mattress or cushion cover, altering its impermeability and/or causing it to shrink.
- Make sure the patient is not allergic to polyurethane/PVC.

Cleaning, disinfection and maintenance

- Mattresses or cushions can be cleaned by wiping with a soft cloth soaked in water containing a neutral detergent or with a ready-to-use solution (e.g. ANIOS Surfa'safe, ALFAKARM Septalkan, Laboratoire HUCKERT'S Umonium 38 Medical Spray…) or soaked wipes (e.g. ANIOS Oxy Wipes; Wip'ANIOS Excel; Laboratoire HUCKERT'S Umonium 38 Medical Tissues…).
- Generally speaking, surface disinfectants containing a combination of active ingredients such as aldehyde, quaternary compounds, guanidine derivatives and active oxygen have proven their effectiveness. But always choose those formulated specifically for equipment, which are less film-forming and aggressive.
- In-situ cleaning and disinfection can also be carried out on the coating using hand-warm water and a neutral detergent or a solution of sodium hypochlorite (0.1% or 1000 parts per million of available chlorine).
- Products such as Ercesolvant©, Remove©, GILBERT© anti-adhesive, etc. used to remove adhesive residues (Elastoplast©, sticky fields) must be carefully rinsed and dried immediately after use. Failure to do so may lead to a build-up of reagent damaging the polyurethane coating. All acetone, ether and other volatile solvent-based products must be used with the same precautions.
- It is essential that items dry thoroughly after cleaning. So never cover our mattresses with fields, gels or heated mattress toppers, or put them back on the table before they are completely dry. There is a risk of poor adhesion between the positioning cushion and its support.

- It is strongly recommended to clean the surface of cushions or mattresses between two patients, as well as the underside several times a day and systematically after septic procedures.
- The hook part of Velcro®, if applicable, stuck to the substrate must be regularly brushed free of lint and other fibres. The hooks must not be damaged. Check that they are holding the cushion in place. We recommend that qualified personnel replace the hooks every year during maintenance and replace the cushion if it no longer fits the new hooks.
- Finally, for reasons of hygiene, it is essential to replace the cushion as soon as it is damaged (tears, cuts, cracks, burns, etc.). Damaged products are no longer waterproof and the moisture that penetrates the foam encourages the development of germs and bacteria.

Special precautions

Before use, make sure that the cushion is securely fastened to the support and that it is correctly positioned.

The cushion's outer cover is not intended for permanent contact with the patient's skin.

The use of this cushion is not a substitute for the monitoring required to prevent pressure sores. Pressure sore prevention involves identifying the risk factors and planning position changes every 2 to 3 hours, or even more frequently.

Special conditions of storage and use

Min temperature	Storage : -15 °	Use : + 15°
Max temperature	Storage : + 45 °	Use : +25°
Hygrometry (%HR) min	Storage : 30%	Use : 30%
Hygrometry (%HR) max	Storage : 70%	Use : 70%

Spare parts

Velcro-type strips are made up of two parts: The velour welded or glued to the mattress and the hooks to be glued to the table or accessory. The three references are sold by the meter:

VSA26V : Velvet

VSA26C : Hooks

VSA26 : hook + velvet set

End of life

At the end of its life, the cushion should be cleaned and disinfected as normal, then placed in the system designed for the disposal of general waste.

Normative references

Manufacturer: @bloc

Complies with European regulations

CE class 1 medical device

According to reference: Flammability BS7175 1989 - EN 1021/part 1 and 2 - M1 (NFP 92503) ++ Antistatic BS2050 1978 - ISO 2878.

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Any serious incident involving one of our positioning cushions must be reported to @bloc and the ANSM in accordance with current regulations.

For further information, please contact us.

CE

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CH REP

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