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Instructions for Use

Rev : V7
September 2025

@bloc CT0005EPTS11 / CT0005EPTS22 / CT0005EPTS3 / CT0005EPTS4 head restraint

Use, cleaning and maintenance of our polyurethane cushions

The CT0005EPTSXX head support for Trendelenburg incorporates a complex of different densities and types of foam, the result of tests which have enabled us to find the best physiological compatibility to maximize patient comfort and safety, while considerably reducing the risk of pressure sores. It facilitates patient positioning and safety in the Trendelenburg position.

Restrictions on use

- The user must ensure that the cushion is adapted to the patient's desired position.
- Patient weight must not exceed 180kg with reference CT0005EPTS11, CT0005EPTS3, CT0005EPTS4, and 220kg with reference CT0005EPTS22.
- This cushion is designed for users who have been trained in patient positioning and pressure sore risks.
- Do not wash the headrest in a washing and disinfection cabin.
- Never use abrasive cleaners or scraping sponges.
- Do not attach adhesive strips to the head restraint.
- The shape memory effect of our products is optimized to reduce compression. Although they adapt to the patient's morphology, they do not cushion the patient in the same way as a decompression shell mattress. On the contrary, retraction at the pressure points could lead to progressive slippage.
- Do not add a gel mattress topper, as this will prevent the mattress from taking shape and distributing pressure evenly, as the surface in contact with the patient is no longer stretchable.
- If an alcohol-based product is used to disinfect the patient's skin, it is essential for safety reasons (risk of inflammation and/or maceration) to ensure that it does not accumulate under the patient.
- Prolonged use of alcohol or solvents can affect the conductivity and elasticity of the headlamp cover, altering its impermeability and/or causing shrinkage.
- Make sure the patient is not allergic to polyurethane.

Cleaning, disinfection and maintenance

- The head restraint can be cleaned by wiping with a soft cloth soaked in water containing a neutral detergent or with a ready-to-use solution (e.g. ANIOS Surfa'safe, ALFAKARM Septalkan, Laboratoire HUCKERT'S Umonium 38 Medical Spray...) or soaked wipes (e.g. ANIOS Oxy Wipes ; Wip'ANIOS Excel ; Laboratoire HUCKERT'S Umonium 38 Medical Tissues...).
- Generally speaking, surface disinfectants containing a combination of active ingredients such as aldehyde, quaternary compounds, guanidine derivatives and active oxygen have proven their effectiveness. But always choose those formulated specifically for equipment, which are less film-forming and aggressive.
- In-situ cleaning and disinfection can also be carried out on the coating using hand-warm water and a neutral detergent or a sodium hypochlorite solution (0.1% or 1000 parts per million of available chlorine).
- Products such as Ercesolvant©, Remove©, Anti-adhesif GILBERT©... used to remove adhesive residues (Elastoplast©, sticky fields) must be carefully rinsed and dried immediately after use. Failure to do so may lead to a build-up of reagent damaging the polyurethane coating. All acetone, ether and other volatile solvent-based products must be used with the same precautions.

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JUST THE PATIENT

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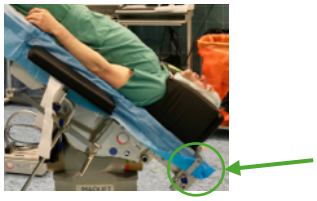
- It is essential that items dry thoroughly after cleaning. For example, never cover the head support with fields, gels or heated mattress toppers, or put them back into service before they are completely dry.
- It is strongly recommended to clean the surface of the head restraint between two patients, as well as the underside several times a day and systematically after a septic operation.
- Finally, for reasons of hygiene, it is imperative to replace the head restraint as soon as it is damaged (tears, cuts, cracks, burns, etc.). Damaged products are no longer watertight and the moisture that penetrates the foam encourages the development of germs and bacteria.

Special precautions

Before any use, make sure that the rigid shoulder pads are in good condition and that they are correctly positioned on the operating table.



The rigid shoulder pads must be centred in relation to the sides of the cushion. Make sure that there is no risk of contact with the patient's head.



The cushion is fitted with a pictogram to show which way it should be used.



It is essential to check that the direction is correct to ensure that the patient is in contact with the side of the memory foam cushion.

The outer cover of the head restraint is not intended for permanent contact with the patient's skin.

The use of this cushion is not a substitute for the monitoring required to prevent pressure sores. Pressure sore prevention involves identifying the risk factors and planning position changes every 2 to 3 hours, or even more frequently.

Special conditions of storage and use

Min temperature	Storage : -15 °	Use : + 15°
Max temperature	Storage : + 45 °	Use : +25°
Hygrometry (%HR) min	Storage : 30%	Use : 30%
Hygrometry (%HR) max	Storage : 70%	Use : 70%

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Spare parts

There are no spare parts for this product.

End of life

At the end of its useful life, the cushion should be cleaned and disinfected as normal, then placed in the system designed for the disposal of general waste.

Normative references

Manufacturer: @bloc

Complies with European regulations

CE Class 1 Medical Device

Depending on the fabric used: Flammability BS7175 1989 - Antistatic BS2050 1978 - ISO 2878.

Any serious incident that occurs in connection with one of our cushions must be notified to @bloc and the ANSM in accordance with the regulations in force.

For any further information, please contact us.

CE

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